Experience 13 miles of paved trails and the unique sights of Wheeling.

**Ohio River Trail**
Access from main road
- Pike Island Dam
- Route 2, north of Warwood
- First Street in North Wheeling
- 5th Street in North Wheeling
- 12th Street at Heritage Port in Downtown Wheeling
- 14th Street at Heritage Port in Downtown Wheeling
- 24th Street in North Wheeling
- 35th Street in South Wheeling
- 48th Street in South Wheeling

**Wheeling Creek Trail**
Access from main road
- 14th Street at Heritage Port
- 17th Street in East Wheeling
- Rock Point Road
- Washington Avenue in Clator
- Lava Avenue in Elm Grove

**Handicapped Accessible Parking Areas**
- Route 2, north of Warwood
- North 9th Street in Warwood
- 12th Street at Heritage Port in Downtown Wheeling
- 35th Street in South Wheeling
- Lava Avenue in Elm Grove

**Trail Rules**
- Trails are open dawn to dusk
- Pedestrians have the right of way
- No unauthorized motor vehicles
- No alcoholic beverages
- No littering or graffiti
- Animals are permitted only if restrained by a leash
- Owners are responsible for disposal of pet waste
- Abuse of facilities will be cause for removal
- No soliciting or panhandling
- If using a personal stereo, please keep volume low
- Always travel the trails with a friend
- No feeding waterfowl and wildlife

**Trail Safety Tips**
- Carry a map and know where you are at all times
- Wear a safety helmet when bicycling or rollerblading
- Keep to the right except when passing
- Be alert for maintenance vehicles crossing trails

**The Path To A Healthy History**

The Wheeling Heritage Trails are Wheeling’s most utilized trail system for active residents and visitors wishing to take in the beauty and heritage offered by West Virginia’s Friendly City.

The great 1849 Suspension Bridge of Wheeling extended the National Road west, helping to bring people and goods to the growing city as the country expanded beyond the Appalachian Mountains.

The railroads provided access to markets for Wheeling products. At one time as many as seven railroads served the city. Today, the long-familiar train whistles of yesterday are silent. In their place, the city of Wheeling has converted more than 13 miles of former railroad beds into an extraordinary trail experience.

The Ohio River Trail runs north-south starting at the city line in South Wheeling and reaching the Pike Island Dam, where the trail continues to stretch into Brooke County’s extensive trail system. In Wheeling’s 8.5-mile stretch, the trail follows the river, passing many of the city’s historical industrial sites and crossing through the Wheeling Heritage Port.

Along the way, you are free to stop to read historic signs, take in the National Historic Landmark Wheeling Suspension Bridge, and spend time exploring all of the wonderful and diverse neighborhoods that can be accessed directly from the Wheeling Heritage Trail.

The Wheeling Creek Trail runs east-west providing opportunities to cross the Hempfield Viaduct high above the creek and experience the Hempfield Tunnel. The trail begins in downtown, connects to the Ohio River Trail at Heritage Port and extends five miles to Elm Grove.

The Wheeling Heritage Trails are an important element adding to Wheeling’s vitality. The Wheeling National Heritage Area preserves and celebrates the city’s dramatic setting, resources, and history.