

# A CELEBRATION OF CELTIC FOOD



## SCOTCH EGGS

A traditional Scotch Egg is a boiled egg coated in pork sausage meat, with an outer crust of breadcrumbs. The deep fried snack is called a Scotch Egg because the process of mincing the meat to go around the egg is known as scorching. The origins of this dish are debated, but one theory claims that it was invented by Scottish farmers as an inexpensive dish

## COLCANNON

Colcannon is a traditional Irish dish of mashed potatoes with cabbage or kale. The word colcannon is from the Gaelic term “cal ceannann” which means white-headed cabbage. It is also believed to be a derivative of the old Irish “cainnenin” translated as garlic, onion, or leek.

## CORNER BEEF

The British invented the term “corned beef” in the 17th century to describe the size of the salt crystals used to cure the meat, the size of corn kernels. After the Cattle Acts, salt was the main reason Ireland became the hub for corned beef.

Corned beef is not an Irish national dish - the connection with St. Patrick's Day specifically originates as part of Irish-American culture, as corned beef was used as a substitute for bacon by Irish immigrants in the late 19th century

## SCONES

Scones are related to the ancient Welsh tradition of cooking small round yeast cakes (leavened breads) on bakestones, and later on griddles. Scones are traditionally connected with Scotland, Ireland and England.



# 25TH ANNUAL CELTIC CELEBRATION

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**SATURDAY, MARCH 6**  
**12 PM - 6:30 PM**

Tune in virtually throughout the day to celebrate our area's Celtic heritage.

## SCHEDULE OF EVENTS

### **12 PM: MUSICAL PERFORMANCE FEATURING THE CELTIC LADS**

### **1 PM: COOKING DEMONSTRATION**

Matt Welsch, owner of the Vagabond Kitchen, will show you how to make Paddy's Irish Stew at home.

### **2 PM: MUSICAL PERFORMANCE FEATURING GALLOWGLASS**

### **3 PM: CHILDREN'S STORYTIME**

Join us for a special children's storytime, where we'll read a Celtic tale that the whole family can enjoy.

### **4 PM: IRISH TRADITIONS**

Sean Duffy from the Ohio County Public Library will lead a discussion about Irish customs and traditions.

### **5 PM: MUSICAL PERFORMANCE FEATURING MACDONALD PIPE BAND OF PITTSBURGH**

### **6 PM: IRISH STEPDANCING PERFORMANCE FEATURING THE BURKE CONROY SCHOOL OF IRISH DANCE**

Tune in by following Wheeling Heritage on Facebook. All programs will be streamed at the times listed above.